

K. A. K News

Metamorphosis Dance Company of Trinidad and Tobago

April, 2025.

Scholarship Winners

2011: Juan Pablo Alba-Dennis

2012: Anais Hinds

2013: Marie Lashley

2014: Mercedes Prevatt

2015: Jada Blanc

2016: Anna Maria de Freitas

2017: Marianna Frederik

2018: Dominique Bones

2019: Keanu Mohammed

2020: Jewel Johnson

2022: Cheyenne Carrington-Green

2023: Isabelle Julien

2024: Sy'mara George

Garth Fagan Scholar: Jatoi Marcano

2025: Christina Gooding

Garth Fagan Scholar: Isabella Ragoonanan

KAK Dance Scholarship Award News

The dancers and their teachers continued to seek the highest standard possible in the classroom and on stage. We are pleased to share the news about our newest scholarship award winner: Christina Gooding.

This scholarship honours the late Kathleen Armstrong Kilgour (KAK), mother of Dr. Joanne Kilgour Dowdy.

It was established in 2011 to support young, talented, Trinidadian dancers financially in their formative stages of training. The Award assists young dancers to become performance ready and attain the necessary qualifications for eligibility into full-time professional dance training. The scholarship is awarded annually and is a one-time, non-renewable award.

Recipients are selected from the members of the Metamorphosis Dance Company by the Artistic Director on the advice of senior teaching staff at the dance school.

Artistic Director, Nancy Herrera, enthused: "Christina is a passionate and disciplined young dancer. She shows meticulous dedication to every stage of the creative

process, she brings powerful musicality and expressive depth to her performances. She is also a very special young woman who is caring and sensitive .



2025 KAK Dance Scholarship Award Winner.
Christina Gooding

On receipt of the award Christina wrote:

"Being given this award truly is like a dream because I never thought it would be possible for me, but am overjoyed that I was chosen. Thank you! Thank you! For making it possible for me."

One more talented dancer from Trinidad and Tobago to the world of artists!

Metamorphosis Dance Company



It provides an opportunity for young local dancers to metamorphose into able, professional dancers as preparation for professional dance careers locally, regionally and internationally. . . . The company has worked [since 1994] and continues to work in close collaboration with various local and international artists [in 2025].

Metamorphosis Dance Company,
2025.

Metamorphosisdance.com

2025 GARTH FAGAN MOVEMENT

INSTITUTE SCHOLARSHIP WINNER:

Isabella Ragoonanan



She is training for Royal Academy of Dance exams and Isabella stated: "Knowing that people . . . believe in and invest in young dancers like myself is both inspiring and deeply encouraging.

I'm really looking forward to learning and growing my skills during this intensive [workshop] carrying the lessons I learn with me in the future."

SY'MARA GEORGE REFLECTS ON HER EXPERIENCE WITH THE GARTH FAGAN MOVEMENT INSTITUTE, 2024.

I would share all I learnt . . . including the three techniques they taught us such as: The Dunham Technique, Talawa technique and Fagan technique and also give the back story in which I was told for each technique (which is also something I admired and appreciated very much because they made sure to give us an explanation about the origins of each technique which assisted me when executing the movements.) I would also share that Garth Fagan's diverse technique of dancing really invited me to think outside the box and not about my ballet background, although some movements did contain some ballet steps which was also intertwined with contemporary and Afro- Caribbean influence (which in fact felt quite familiar, as Garth Fagan himself is a Jamaican born man).

Lastly, I would like to reflect on the fact that all scholarship students had to assist in cleaning the studios, bathrooms and hallways, which if I do say so myself was quite humbling but fun as it allowed me to get to know my dancing peers further. Cleaning up afterwards also taught me discipline and patience which I know are too great qualities to have.

Once again, I would also like to personally thank all the donors that were generous enough to donate and financially aid me in my dance education. It was most appreciated ❤.



PLEASE CONTINUE TO SUPPORT THE K.A.K DANCE SCHOLARSHIP FUND SO THAT OTHERS MAY BENEFIT FROM YOUR FAITH IN THE YOUNG DANCERS' POTENTIAL.

A gift to The KAK Dance Scholarship fund is an investment in the future of dance in Trinidad and Tobago and the world. PLEASE contact us for information: drjoanne@yahoo.com and nancyjgherrera@tstt.net.tt.

DIRECT DEPOSITS CAN BE MADE TO:

SCOTIA BANK TRINIDAD
Branch transit #74815 account # 001207844
Metamorphosis Dance Company

THANKS TO OUR 121 DONORS FOR THEIR CONTINUED COMMITMENT!!!!!!

**Supporters make the truest relationships
Which time cannot erase
And which forever
In the heart
Hold such a treasured place.**